

Anxiety

Yadonah — I am thankful for what we heard last night. Trusting is everything we need to enter His rest. It is so simple. This is such a great revelation. If we trust Him in everything we will enter His rest. If we trust all week we can have that rest during the week and enter into the Shabbat. Our Father's ways are so simple.

Ha-êmeq — We were given a lot of junky furniture by the son of a woman who died of emphysema. The furniture was covered with that smeary sludgy stuff. It has the nicotine, the poison of the cigarette in it. It was all over the room where she lived and all over her lungs. She knew all along she was dying, but she didn't quit. It's just like when you get tired of confessing your sins, but just live in it.

Is there anxiety over any of our stuff? Our Father knows. "Why has Satan so filled you, possessed you?" Medical people call it stress, but it's anxiety. Anxiety and stress are the same. One of the major causes of death in our society is stress. Anxiety triggers the secretion of adrenalin, which turns your system acidic and makes you more susceptible to disease.

Our Father is setting up a society in which we don't need to worry. We can be alkaline. Zerubbabel doesn't worry about his shoes. It's nice weather to go barefoot. I did. Our Father didn't create us to be anxious. It's demon possession. Now we are in a society where we don't need to worry. All we need to do is trust — quit being anxious. The things that wake us up in the night fill our body with anxiety.

Yônêq showed me the notes of a teaching Obadiah gave him. At the end of it, it talks about slaughtering animals. The animal died normally. They slit its throat, but it kept on eating. Then it laid down and went to sleep. It didn't even realize it died. No bad things filled its body, no surge of adrenalin.¹ It's not so with animals in the world. They get loaded up, then led into the slaughterhouse. Everything is so strange. Then they get mercilessly killed, packed, shipped and put on the shelf. Then the people buy their hamburgers that are full of all that went into those animals.

What fills our bodies when we are filled with anxiety? Our bodies weren't intended for that. Never kill an animal that is filled with anxiety, with adrenalin.

¹ See *The Great Refining in the Last Days* (1998.07.17-P01).

Paul gives us understanding about what our Master was teaching in Mt 6:31-33. Phil 4:6-7 — Obviously Paul brought out what our Master was saying about not having anxiety over food and clothing. Most of the world lives under that anxiety. They always want more. 1 Tim 6:9-10 — We have to be content. The person who desires to be rich is plunged into, trapped into many harmful desires. Lk 6:24 — Our Master said, “Woe!” and Paul explained it. Woe to those who are well off. Woe is woe. If you look it up it’s the most horrible thing you can think of, especially when it is the Word of God Himself speaking this word.

Whether we take hold of Phil 4:6-7 or not, it’s available to us. 2 Pet 1:3 — Everything is available to us. We can have it if we pray. If we don’t receive it, it’s our fault. Everything that’s written is available to every disciple. The wise attain to it; the foolish don’t. They believe a lie. They believe the evil one. They believe all those things that come to every disciple. “God doesn’t hear you. You won’t be taken care off.”

1 Pet 5:7 — “Unload all your worries on Him, for He’s looking after you” (Jerusalem Bible). He’s looking after us. Verse 8 — The roaring lion will devour us if we are not obedient. We have anxiety, even though He cares.

A lot of people have anxious care over their automobile or bicycle. They keep it shined up all the time. They worry about every little spot. They are just anxious over that car. That’s anxiety. It’s not good.

Anxiety is a distraction, as it says it in the Scriptures. It keeps our mind off of the Spirit. It puts us out of balance. Don’t put your attention on this thing that doesn’t benefit everyone in the Body. We are supposed to keep our mind *on* the Spirit and not *off* the Spirit. If we’re His offspring we’ll be doing His will and not our own. We’re out of balance if we get distracted by anxiety. We get lopsided, like a washing machine with an uneven load. You have to stop it and spread out the heavy things, then it will spin smoothly. Anxiety is a distraction, keeping us from spinning our life for Him.

How do you do it? You can't do it? You just keep on worrying about insignificant things. Our Father's will is not insignificant. Such people are foolish who don't use everything that's available to them.

Barnabas gave everything. He didn't have to worry anymore. Ananias and Sapphira didn't. "We have to make sure we can get our own shoes and clothing." They lied to the Holy Spirit, making believe they gave everything. Barnabas gave it all away, casting all his worries upon Him.

A lot of people come in with their nice car. Someone else becomes the steward over their car. But then these people worry so much over their car. They don't worry over other people's cars, but they worry over their own car. They see that spot on it. It's still theirs, their possession. They never surrendered it. It still possesses them. How come they don't worry over someone else's car?

There was a contrast between Barnabas, and Ananias and Sapphira (Acts 4:36-37 and 5:1-2). Mk 10:29-30 — Barnabas obeyed the gospel. He trusted. Because of him they got 100 farms somewhere in the new Israel. Lk 14:33 is the gospel. If someone doesn't obey the gospel, the wrath of God remains on them. That means that they still have to go to death.

1 Tim 6:8 — "And having food and clothing, with these we shall be content." Mt 6:33 — "All these things" is talking about food and clothing (Mt 6:31-33). That was our Master teaching His disciples before Pentecost how they were going to be provided for in a new and living way on the earth.

Sin is selfishness, seeking our own desires. Sin is selfishness. We have to be delivered from that. Isn't that how Adam and Eve lived after the fall? They needed our Father, but they wanted something else.

1 Tim 6:6-10 — Most Christians are brought up in the world of 1 Tim 6:9. Rich means well off. It doesn't mean filthy rich, having billions and billions. Rich means

having more than you need. All He wants to do is provide our needs. “Want” is selfishness. “Need” may not be.

“I want to be a doctor.”

“I want to be a lawyer.”

“I want to be a dentist.” (Don’t mistake a doctor for a dentist. I just learned the other day that this insults them.)

What do you want to be? What occupation do you choose so you can gain influence, money, being highly esteemed? These things are inculcated into you by the spirit of this age. It goes against what our Master said.

Lk 6:24-26 — There are several “woes” here, which Paul describes in 1 Tim 6:9.

This is part of the gospel. Talk to a person who goes to college. A friend of mine once asked me, “What’s your aspiration level? How much money do you want to make on the job?” He wanted to hire me to be his partner, but I disappointed him. My father hadn’t taught me like this. My friend was rich. He owned the “Golden Gallon” chain of convenience stores. Then he got into an airplane crash. Now he is experiencing the woes. There is no hope for him. His aspiration level was to be rich, well thought off, to be someone of recognition, to be somebody.

Many have wandered away from the faith and pierced themselves through with many wounds (1 Tim 6:10). Can you see the “woe”? The Holy Spirit through Paul explained what the “woe” is. Our Master left it for the apostles to explain. “Stop, slow down, you’re going the wrong way!” If you keep on going, you’ll enter into that “woe.”

Lk 6:26 — We were all trained to desire that men would speak well of us. We were trained to desire to be rich, well off, gain a degree and aspiration to be wealthy. Preachers call themselves “Reverend.” They have a doctor’s degree in theology. They are studying the wrong God — *Theos*, the false Greek God. There is no degree in YHWH-ology.

Wanting more than you need is satanic. Satan wanted to be like God.

What is your level of aspiration? How much do you want to be like Satan? Give yourself a test. To what degree has Satan overtaken your life? We were taught to be anxious about things we want, but hardly about what we need. We were hardly anxious about what we needed, but we are anxious over selfish desires. “Godliness with contentment is great gain.”

Where do most clothes come from in Salvation Army? They come from rich people. They don't like to keep clothes long. Like this shirt I am wearing. It's a nice shirt. I just got it because someone didn't like it. Someone called us the other day and told us that his brother-in-law just gave all his clothes away. We went and looked but the clothes were too big. The person was fat, rich. He ate too much.

Eliezer — 1 Pet 5:7,10 — You may have to suffer a little bit to get past your anxieties. In verse 8, Satan feeds on you. Then you start feeding on someone else, passing on your anxieties.

It's like termites coming in and devouring the house. If we don't judge these things we are going to pass them on to our children. We have everything available to us to be like our Father wants us to be, otherwise He'd never give us all these commandments. Christians call it works salvation. Don't we have the same availability as our Master? He wasn't a foolish virgin. He prayed and trusted His Father. He was never forsaken, until all our sin — our anxiety — was heaped upon Him. If we keep our mind on Him, He'll keep us in perfect peace. That doesn't mean anxiety. It means not distracted.

Obadiah — Anxiety is like a roaring lion. It speaks about Satan being like a roaring lion in 1 Pet 5:8. You expect when most animals hunt that they sneak up on their victim, but here it talks about a roaring lion. It's not subtle. The lion's roar brings up the deepest fears in a person. When anxiety is in me there is really a roaring lion in there.

Navah — We don't need to worry about anything because we have brothers and sisters who take care of us if we do our part. It doesn't work in the world, because people take advantage of you and you can't trust

them. We live in a place where we can trust. The people we live with love us and look out for our food and clothing and our other needs.

That's the contrast between the holy and the unjust.

Zakar — The children who grew up here are not anxious. But then you go to Wal-Mart, to the toy section, and you see children just screaming for things. We tell our children at a young age, "No." They learn that abba and imma are going to take care of them. Children in the world probably don't even know that their parents think of them. At six years old they ask them, "What do you want to be?" The children don't know their left hand from their right hand. "An astronaut, a doctor." Then they study, full of anxiety. Then they make it and don't even know their purpose in life. I am thankful we can grow up in the community and build things that won't be destroyed. The relationships between brothers and sisters and our Master can't be destroyed.

The children going into Wal-Mart *want* everything they see, but they don't *need* everything they see. When we pray, we ask for what we *want* or for what we *need*? We better want what we need. In our minchah we ask for what we need. We pray for our Father's name to be hallowed, for His kingdom to come, for His will to be done. We pray for people to be saved, for governments... (Mt 6:9-13; 1 Tim 2:1-2).

We need to write the things down our Father speaks to us that others in the twelve tribes might need to hear. We can write letters. Wouldn't it be wonderful if we'd all start writing letters?