

## Instruction on Various Matters

### The Isa 11:3 Prophecy

Isa 11:3 is not just a prophecy about our Master, about His 33 years on earth. It's a prophecy about us. If it's only about Him and not us, if He didn't pass it on to a people, He didn't do anything. The natural man won't be able to make it in the Body. Pretty soon they'll be eliminated if they don't destroy the Body before. We have to be careful. The Holy Spirit is like the wind.

### Uncoordinated Action in the Body

Uncoordinated action in the Body is a terrible thing. Uncoordinated action in the Body comes from having a different attitude, independent thinking, not what comes from the head. Like during aerobics — it's hard to do exercises when we are not in unison. You see a lot of people doing their own thing. I wonder if that's spiritual. Of course you can tolerate people who have a problem and therefore can't do certain exercises or who have to do special exercises. But people who don't have a problem have no excuse.

Or in a teaching — some people believe what they want to, what goes along with their own anointing. If you do that, you listen to Satan. Those who are “careful how they hear” have confidence in the Day of Judgment. The natural man can't take it. They can hardly stand it. Those who are born of the Spirit adapt to the Spirit.

Aerobics and dancing are the best exercise to get your heart going. Aerobics makes everything work in your body — vitamins, minerals, calcium. Without it you just age. If you want to age, just don't take walks, don't get your heart going. You won't live to the end of the age. If you work all day long really hard, it's good. But if you don't, you need aerobics. A job like carpentry won't do it.

### Stomach Exercises and Cancer

You don't live long if you don't do stomach exercises. That's why we concentrate on stomach exercises.

They say if you can't lift your leg for at least 30 seconds you might as well go ahead and dig a hole. The stuff collects inside and doesn't get pushed out if your stomach muscles don't work properly.

There is more cancer in your stomach area than anywhere else. You have to see sometime what's in you.

Go on a fast for 18 days and still stuff comes out and stinks. Do enemas and you'll see what's in you.

There is nothing wrong with enemas, but you have to be careful, because if you do it too much you'll depend upon it.

### Lecithin

One teaspoon full a day for a normal person. One or two tablespoons a day for people who have a problem [*with eliminating*], but not too long. They should do it only for awhile till they start eliminating, then they go to one teaspoon. Lecithin oils you up. If you use it you can't die from a heart attack and clogged up veins. It takes the fat out so it doesn't build up in the veins.

### Fluoride

If you use toothpaste with fluoride, rinse your mouth out totally. Fluoride causes aging. I saw a documentary on that. People were dying with 26 or 30 years. They look like old men. There is too much fluoride in public water supplies.

### Responding to the Shofar

If anyone is late to blow the shofar, his privilege is taken away. You can't be relaxed on that. The shofar is so important. Nobody goes to war without the shofar. They know the word on this in Naftali. They are set on it.

We have to call the elders together by shofar and also the people. Sometimes we may have to just call the people together. Num 10:1-4 — If you want to get the leaders together, you blow once. You blow twice to gather the whole assembly. Three times is to begin the preparation hour. You have to have two people set aside to blow the shofar. If something happened to one person, the other could do it.

When the shofar sounds, you have to stop what you're doing. If you can, stop even 15 minutes before the first shofar for preparation time. Leave right on the next shofar, everyone on one impulse. Let's not be tardy.

**Don't shalom late-comers. When our Master comes back all those who are dressed and ready will go. This is a spiritual pattern. If you blew the shofar 15 minutes later than we blow it now, people still would be late by 15 minutes. The same people who are late now would be later again. So it's not because of time, but it's because of spiritual indifference.**

**Household heads need to pass it on about being dressed and ready. Don't pass it on as a tyrant. Give vision. If you can't do it, resign.**

#### **Speaking in the Minchah**

**In the local minchah it's not so much the time to teach. I take the opportunity to do so sometimes, but it's not the normal way. The first person who speaks sets the pace (1 Pet 4:10-11). If the first person is in the flesh, it's hard to respond. We build on each other. We have to see what's pleasing to our Master. There is not so much something prescribed about speaking in the minchah.**

#### **When to say "ha Shem"**

**It is not appropriate to address our Father as "ha Shem". It's appropriate to use "ha Shem" when you talk about Him (as in Acts 5:41), but not when you talk to Him. You can use "ha Shem" so you don't have to use His name repeatedly. You can use it, for example, like, "Ha Shem said..." or like, "...suffered for ha Shem." *Yahshua* is the sacred name.**

**Jn 16:23,24 26,27 — Don't ask Me for anything; ask the Father in My name. We go to the Father in *Yahshua's* name. We can thank and praise *Yahshua*. *Yahshua* is the sacred name, the name above all names. That's what Paul said.**

#### **A Priest Is a Mediator**

**We bring about a relationship with *Yahshua*. We mediate. A person can't know Him apart from us, the priests. Then *Yahshua* takes them to the Father, our Father. His Spirit leads people to *Yahshua*. You are a mediator, not between God and man, but between *Yahshua* and man. *Yahshua* is the mediator between God and man. You are a mediator, a priest to the nations (Jn 13:20).**

**Mt 10:40-41 — It's not just through apostles, but also through righteous ones that you can receive *Yahshua***

**Jn 7:17 — All of us can mediate *Yahshua*. Don't ever think that only an apostle can mediate *Yahshua*. A righteous person has beautiful, clean feet.**

**Lk 10:16; Jn 13:20 and Rom 10:14-17 are irrefutable.**

**1 Tim 2:45 — One mediator between God and man. You only can get to the Father through *Yahshua*. You only can get to *Yahshua* through a priest.**

**That's what a priest is. He mediates. That's his job. You can't go around this. The Father will draw a person to *Yahshua*. Once you come to Him, He reconciles you to the Father in baptism. Nobody has known that in 1,900 years. Nobody knows that except you.**

#### **About Watchmen**

**Make sure you have food and drink for the watchmen. They'll be tempted to get into everything. This is a great temptation. They need something. They get hungry.**