

## Lifting Up of Hands

“Uplifting hands of lovingkindness” (Ps 141:2). The lifting up of hands in the sanctuary, in the breaking of bread (Ps 134; 28:2; 116:13; 119:48; 143:8 — SOUL, and all that is in me; Neh 8:6).

Why did Paul desire that all men (1 Tim 2:8) should pray, as without anger and disputing, lifting up their dedicated hands, as Israel did? But within Israel there was disputing and anger between men and tribes. But in the new Israel, to show the pure intentions of the saints toward one another and toward YHWH, their Father, they will lift up “holy hands” in “every place,” every apostolically established place (Dt 12:2,5, 13,14), the sanctuary and dwelling place of YHWH, the One Spirit of unity and peace. The significance of hands, raised hands. “Holy” means belonging or devoted to YHWH. Pure, whole, entire, free from sin, especially deliberate, obstinate sin.

Dt 19:10; Pr 28:17; Isa 59:7; Rom 3:15-17; Pr 6:14 — Strife, Discord (Pr 6:16-19). Who is able with other human beings today to raise dedicated, holy hands? It is hands that shed innocent blood. Hands represent the body of man, the most autonomous part ready to express the desire of the heart (1 Sam 24:11). The hands and tongue are the most apt to do harm to your fellow man. Hands lifted up and a tongue that praises the one Elohim is the thanksgiving offering of the peace meal together. Both are in subjection to the sanctified spirit and soul. “Lips that give praise to His Name” (Heb 13:15). Hands unstained with anger or strife. Strife is spread with the tongue or lips, anger can be expressed by hands and lips, lips and hands offered up upon the altar (Rom 12:1). If hands were to have their autonomy, having within themselves the power of motion, independent in government from the head, they would express the desire of the fallen mind of man: shedding blood. They would express the right or power of self-government. But, lifted up hands in prayer or thanksgiving express that these hands are not autonomous from the Head of the Body of Messiah.

“The Father’s will is being expressed through these hands of mine. I am in submission to His will and these hands are in submission to my will. I lift up these hands because they are in my power to do so. They are not autonomous. They are not independent and lawless anymore than I myself am independent and lawless. They, with me, are offered up upon the altar of the Body of Messiah as a burnt offering. These hands serve me in co-ordination with my head and the rest of my body.”

If my hands, or any other part of my body, is autonomous, my discipleship would only be a thing of my mind. This proves that my discipleship is not mere words. I lift up my hands to pray, to worship, to lift up the cup of victory.

Strengthen the weak hands (Heb 12:12) by grace. David’s hands were perfectly co-ordinated, according to his own heart’s desire (1 Sam 24:11-12). Verse 4 — Although he did have temptation, in advance, to kill him, but he spared his life and said, “I cannot lift a finger (hand) against my master, for he is the anointed of YHWH” (1 Sam 26:11,23).

Where wrath and dissension are, prayer is impossible. For only in Spirit and Truth can prayer be offered up “by holy hands.” This is the proper posture for prayer, in the purity of a life which is led by the Spirit as true sons of YHWH in fellowship with their brethren. Men who lead prayer must be those who can lead the women as examples of holiness, without wrath and dissension (Jn 4:21; 1 Cor 1:2; 1 Cor 2:14; 1 Ths 1:8; Ps 63:3-4; Lk 24:50; Ps 63:2-5; 24:34; Jms 4:8; Ps 24:3-4).

Many? How many? Many, many times have not. What kind of hands have been lifted up in the sanctuary? Many, how many, are not here today because of it also. The place of judgement, essential judgment, is around the table of YAHSHUA (1 Cor 5:6-11). Many, how many, who have been cleansed did not walk in newness of life, in holiness, but with DIRTY HANDS. Even as 1 Cor 6:5-6, wrath and dissension.

The cup of blessing (1 Cor 10:16) must be partaken in purity of devotion, not in any mixture.

1 Cor 10:24 — If anyone seeks his own good, and not of his neighbor, his hands are stained against his brother. Self-seeking is regarded as a sinful walk. Disqualification of lifting up “holy hands” results. Phil 3:17 — “Some walk as enemies of the cross.” Some. How many does it take to frustrate the pure sacrifice of

**Rom 12:1 and frustrate the whole fellowship of the community? (Heb 12:15).**

**Paul thought that this meal of thanksgiving (1 Cor 11:27-32) was a “judgment seat” where one would learn to judge himself so as to not come into judgment.**

**Lifting up “holy hands” requires one to judge himself, not others, and to keep the feast without malice or any kind of wickedness, but with the unleavened bread of sincerity and truth (1 Cor 5:8). Although we are already cleansed by the blood, we need to keep cleansed in our walk with Him, so we will be able to walk with Him in pure white (Rev 3:4) in the kingdom. We therefore are commanded to lift up holy hands, judging our condition, not walking as enemies of the cross (which we were once taken to for our own death with Messiah), not soiling our garments, but remaining faithful to 2 Cor 5:15.**

**This whole life here and now is one that we lead “being led by the Spirit.” And when we are not, our walk is sinful and therefore we are to judge ourselves worthy or unworthy of Him. Can we, this week, who partake in the bread and the wine, partake first of all in the cup of victory? The cup of victory is accompanied by the lifting up of “holy hands.” We must consider whether or not we are able to lift up our hands. Our children must also come into this judgment, baptized or not. Learning to judge ourselves is what we must learn. For judgment begins in the household of YHWH. Isn’t it wonderful that we have this opportunity? We overcome and win the victory by the sincerity and the truth we walk in, the life we lead, down the narrow path to the kingdom. So look at your hands and make the judgment!**

**Are they “holy” or are they stained? We are like children, so our own very little ones are able to come into this judgment with us.**

**This meal is not an occasion for condemnation but for rejoicing and thanksgiving, for He has shown us the way of righteousness, the way of YHWH (Dt 6:5-7; Gen 18:19; etc., etc., etc.)**

**He who is not loving this way, as described for Israel to love, is not worthy of the reward of the righteous, and must be then cut off from the land where the BREAD of sincerity and truth is BAKED and eaten by the saints who dwell in the light and also walk (carry out their existence) in the light.**

**Many do not realize why the apostle Paul would assume such a position of holding up “hands” in prayer. Some think of a ritual that they once partook in, in the religious institutions. But if what they have been baptized into today, was by the Holy Spirit, then there will be things by which one is reminded, of the form of the years gone by, when the Roman Church walked in the light of sincerity and truth, and lifted up truly holy hands. We need to be restored to this same devotion and sincerity and truth. The Romans, just as Paul warned, have been cut off (Rom 11:20-21). For if we too continue in unbelief, we too will be cut off. Then what was spoken of in Mal 4:6 will come to pass again and again and again. The land is smitten today of the Roman Form. If you have been delivered by the Holy Spirit, then you lift up your holy hands.. If not, then talk about what seems to you to be reminiscent of the Catholic form. But would it not be wonderful to have a truly Catholic Church? Is this not what you desire? One, Holy, Catholic Church? (Jn 17:21-23). It is what YAHSHUA prayed for. All who then can in sincerity and in truth, without wrath or dissension or in falsehood, lift up their hands, then do it. Only in this way can we all come into judgment (1 Cor 11:31), in order to have LIFE. Being condemned along with the world is not life but condemnation (Rev 18:4-5). Our sins do not have to pile up as high as heaven, but can be forgiven, as we are led along the walk of this life together as ONE MAN, guided and controlled by the “Holy Spirit.” Does anyone understand why then we must “lift up holy hands” when we pray? Is it possible for one who is walking in the light to lift up holy hands? Is it possible for one who is walking in darkness to lift up holy hands? (1 Jn 1:6-7; 2:4-6).**

**So what is the problem about lifting up your hands? Sin could be the only problem. We must go into ritual and form if we do not walk in the light. We can go on in ritual anyway, whether we lift up our hands or not. It is just how you want to do it. But for the sake of our being able to judge ourselves by a greater degree of self-judgment, we will pray this way. See how hard it is to lift up your hands. If you are sincere, you will not want to lift up your hands in hypocrisy and you will do something about judging yourself with greater scrutiny, and not being slothful and foolish. If Saul played the fool without the Holy Spirit indwelling him, how much more will we miss the kingdom, playing the fool and committing serious**

**error (1 Sam 26:21). To lift up your hand or use your lips against a brother is playing the fool, committing serious error, but if we lift up holy hands and give praise with our lips, we won't play the fool or commit serious error, as the Romans did. Trying to proceed without faith is playing the fool and committing serious error also. But if we are being restored, let us walk in it. What I mean is this, the word restored. Just think about it. Restoration, not reformation, but RESTORATION!**

**"I am minded therefore that the men in every place be offering prayers, uplifting hands of lovingkindness apart from anger and disputings" (1 Tim 2:8).**

**No time represents His sanctuary more than the time around our Master's table.**